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## PATIENT HISTORY WORKSHEET

**Date:** \_\_\_\_\_

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**Name:** \_\_\_\_\_ **Referring Doctor:** \_\_\_\_\_

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### PRESENT HISTORY

1. **Area of body to be examined** \_\_\_\_\_ **Which side? Left** \_\_\_ **Right** \_\_\_\_\_

2. **Date of injury or onset of problem?** \_\_\_\_\_

3. **If injury where it took place?**      **HOME**\_\_\_ **SCHOOL** \_\_\_ **WORK** \_\_\_ **OTHER** \_\_\_\_\_

4. **Describe your problem today?**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

### PAST HISTORY

5. **List all other medical problems.**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

6. **List all previous orthopedic problems. Fractures, sprains, back injuries, etc.**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

7. **List all previous surgeries and the dates?**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

8. **List all medications and dosages. Include any pain medication or Aspirin**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**9. List all medicines to which you are allergic**

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**10. List other allergies you have (food, dust, etc...)**

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**PERSONAL INFORMATION**

**Do you drink alcoholic beverages?** \_\_\_ NEVER \_\_\_ OCCASIONALLY \_\_\_ DAILY

**Specially type** \_\_\_\_\_

**Do you now smoke? YES/NO**                      **How much?** \_\_\_\_\_

**Did you ever smoke? YES/NO**                      **Year stopped** \_\_\_\_\_

**Marriage Status** \_\_\_ SINGLE \_\_\_ MARRIED \_\_\_ DIVORCED \_\_\_ REMARRIED \_\_\_ OTHER

**Dependents** \_\_\_\_\_ CHILDREN \_\_\_\_\_ AGES

**What is your occupation?** \_\_\_\_\_

**What is your major sport or exercise activity?**

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